



BY
DEPARTMENT OF BA

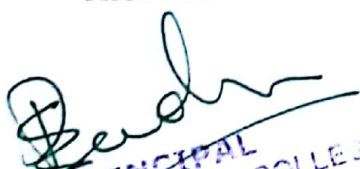
GUEST LECTURE ON EMPATHIC COMMUNICATION

RESOURCE PERSON
MR. MAXIM PEREIRA

ON
29TH AUGUST 2017



KRUPANIDHI DEGREE COLLEGE


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No. 12, Chikkabellandur,
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Proceedings of Guest Lecture on Empathic Communication

2017-2018

Date: 28-08-2017

Following activities to be undertaken:

- Inauguration of Seminar
- Welcome Speech
- Session on Empathic Communication
- Psychologist verbal and nonverbal responses
- Vote of Thanks



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GUEST LECTURE DETAILS WITH PHOTOGRAPHS

GIST OF LECTURE ORGANISED BY DEPARTMENT OF PSYCHOLOGY ON EMPATHIC COMMUNICATION

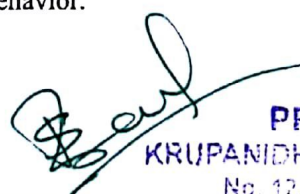
Mr. Maxim Pereira Spoke about empathic communication and importance of empathic communication in counselling sessions. He told Empathic Communication is important in perceiving and exploring the client's inner feelings accurately and sensitively, then communicating understanding to the client in a language reflective of the client's experience of the moment. Empathic communication nurtures and sustains the helping relationship. It is the vehicle psychologist use to become emotionally significant and influential. Empathic communication reduces the level of threat clients may feel. It allows to helps psychologist to retain separateness and objectivity in the helping process.

Reflecting each emotional nuance, and using voice and intensity of expressions finely attuned to the client's moment-by-moment experience, the social worker accurately responds to the full range and intensity of both surface and underlying feelings and meaning

Example: able to distinguish when it is appropriate to draw a connection between current feelings and experiences to previous experience and feelings. Identifies patterns, themes, or purposes, implicit goals, and areas for personal growth. An ability to strategically use interpretation while still doing more listening

Psychologist responses are additive, accurately identifying the client's implicit underlying feelings and/or aspects of the problem. They responses illuminate subtle or veiled facets of the client's message, enabling the client to get in touch with somewhat deeper feelings and unexplored meanings and purposes of behavior.

Example: enhances self-awareness



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Psychologist verbal and nonverbal responses convey message and are essentially interchangeable with the client's obvious expressions, accurately reflecting factual aspects of the client's messages and surface feelings or state of being.

Example: expresses accurately the immediately apparent emotions in client's message but deeper feeling and meanings are not added

Mr. Maxim Pereira gave demo about listening skills and counseling skills. He explained the counseling techniques like SOLAR, 3VB's. Interacted with students and provided various case study examples.

Resource person provided worksheets for students to plot their problem and to change the thought process regarding problematic behavior. He answered for the various students queries regarding subject.

The session continued for 3 hours and it was useful for students and students also actively participated in the guest lecturer and were benefited.



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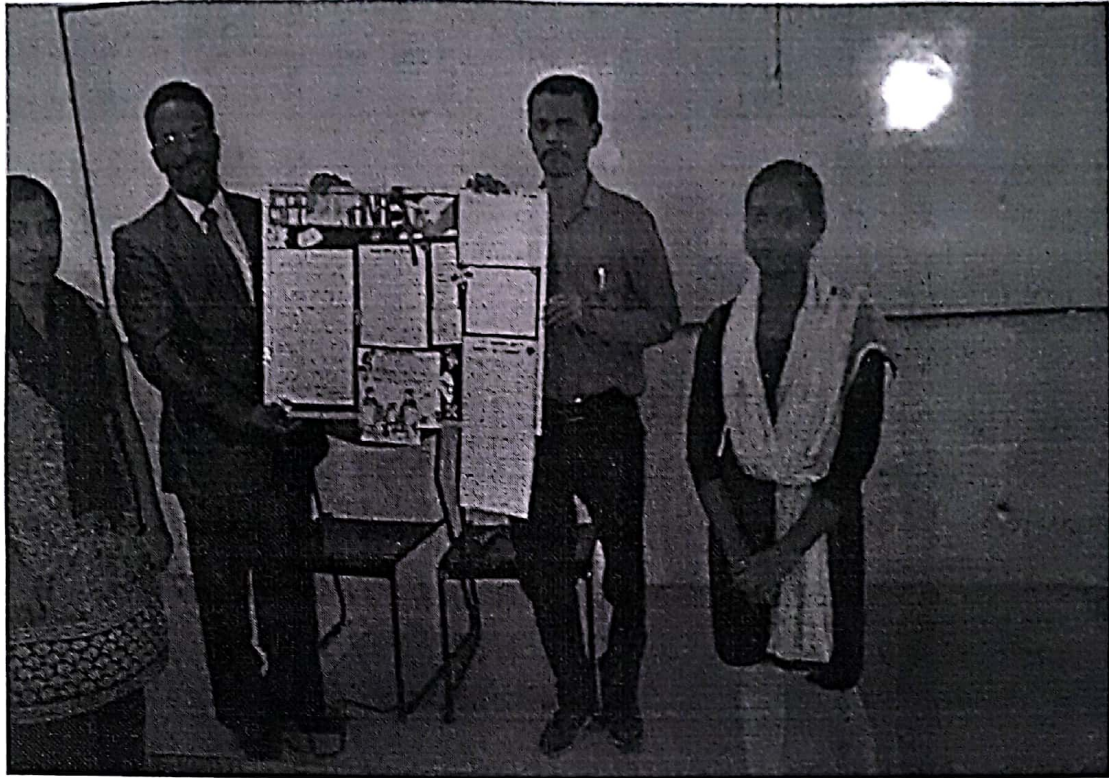
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Presidential address by Prof. Shyjan, he gave insights about importance of communication in day to day's life.

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Inauguration of Spandhana, Psychology Departments wall magazine was done by Prof. Shyjan and Mr. Maxim Pareira. The first issue of Spandhana was prepared by V semester students. The wall magazine consisted topic like importance of visual gaming, facts of psychology, law and psychology and about Skinner's operant conditioning experiment.

Principals

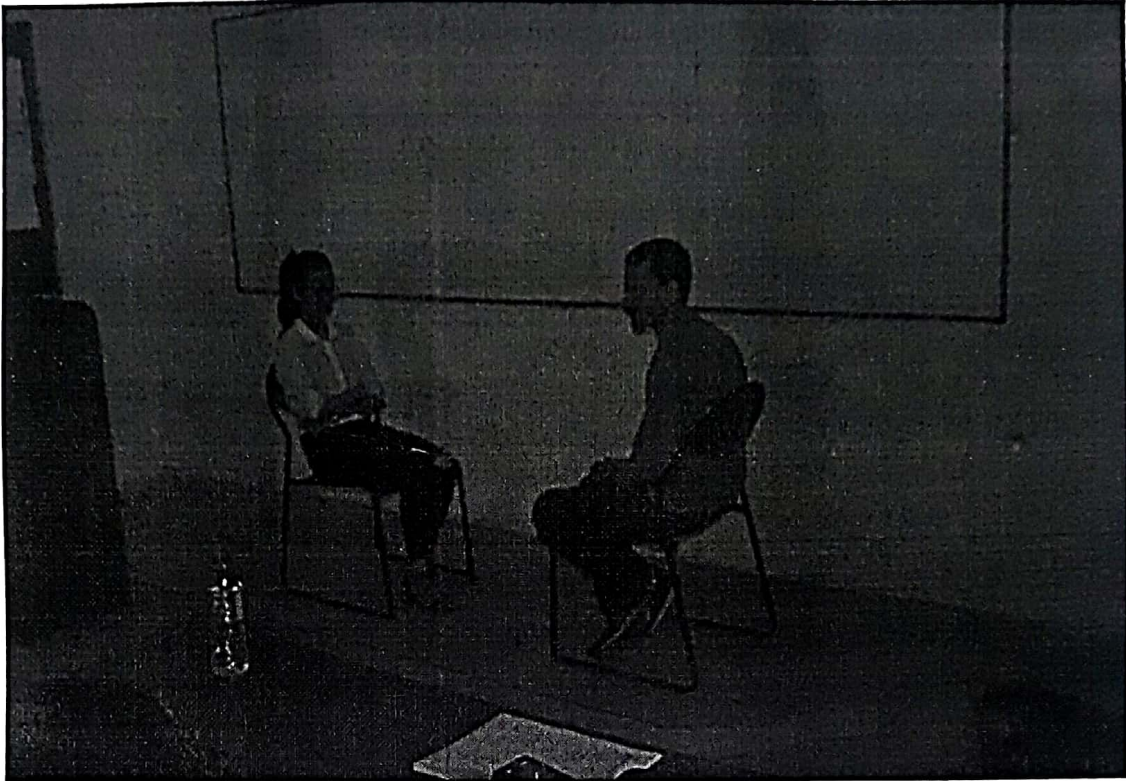
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Session on Empathic Communication by Mr. Maxim Pareira

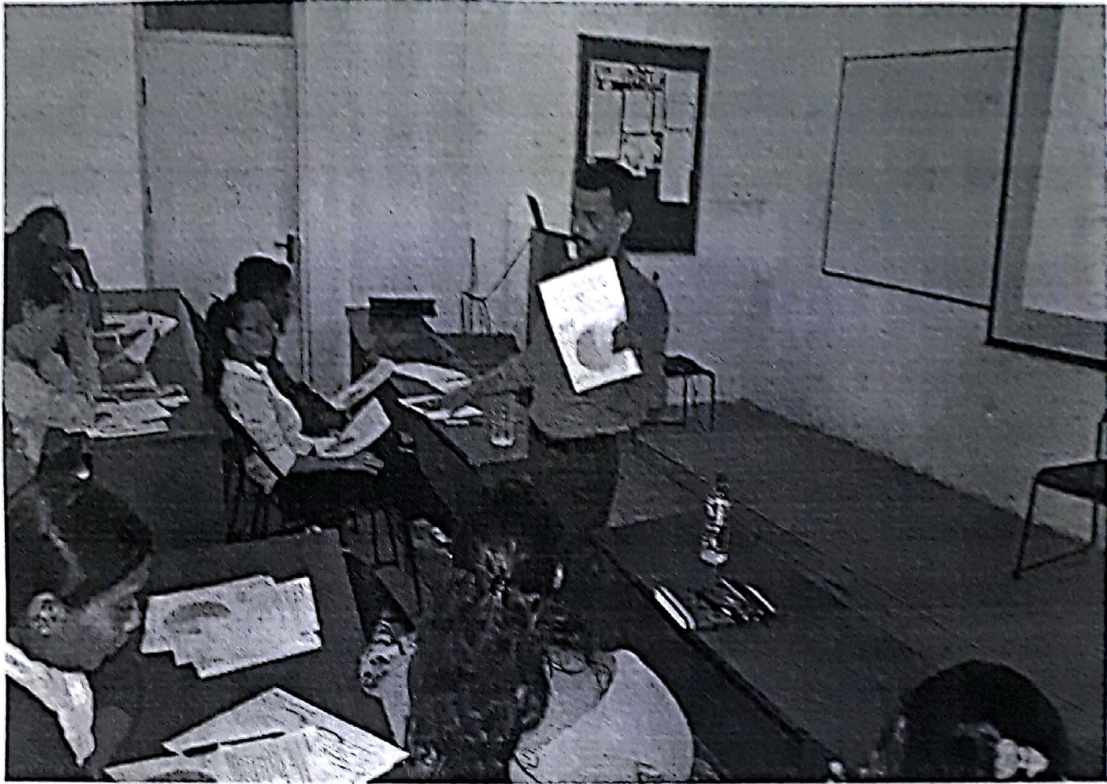
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Demonstration of counseling skills to student

Deeds
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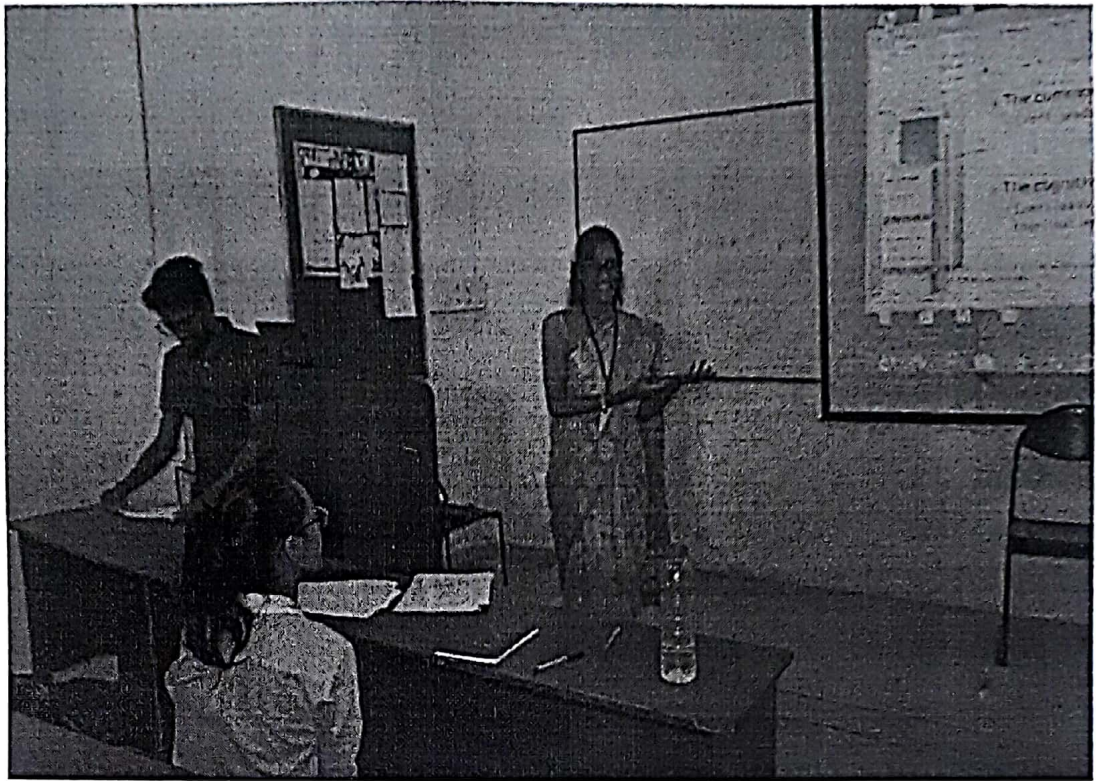
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Think right, be bright workout for students.

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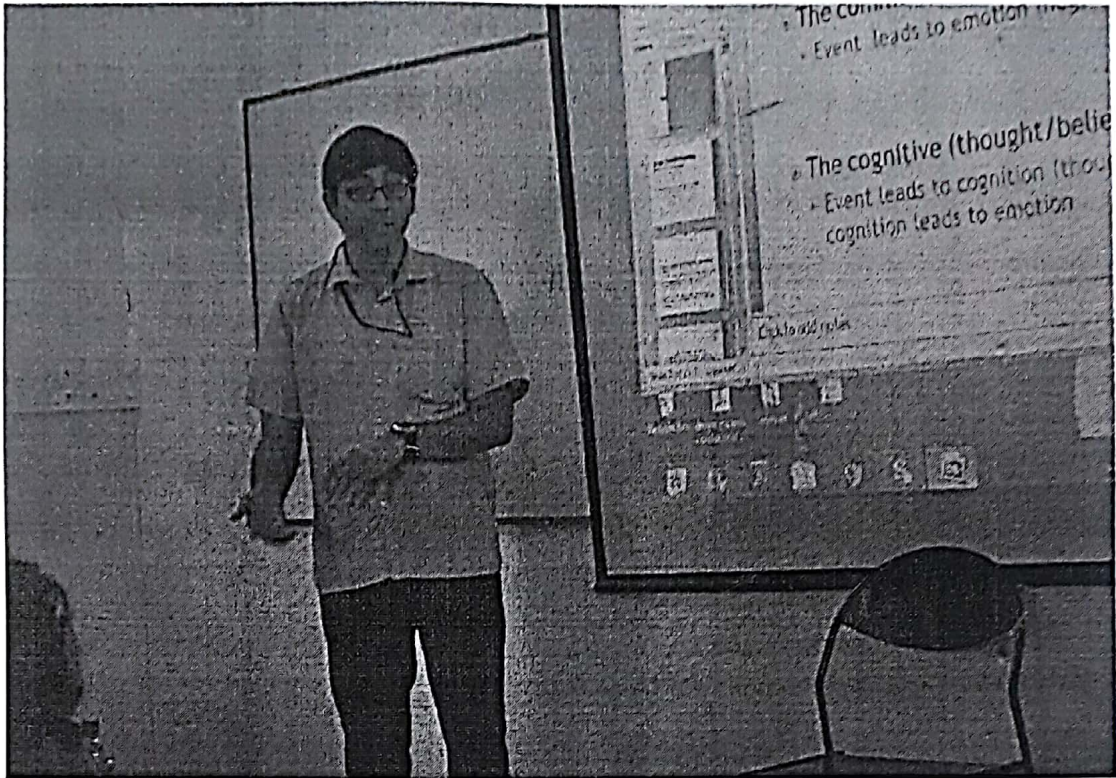
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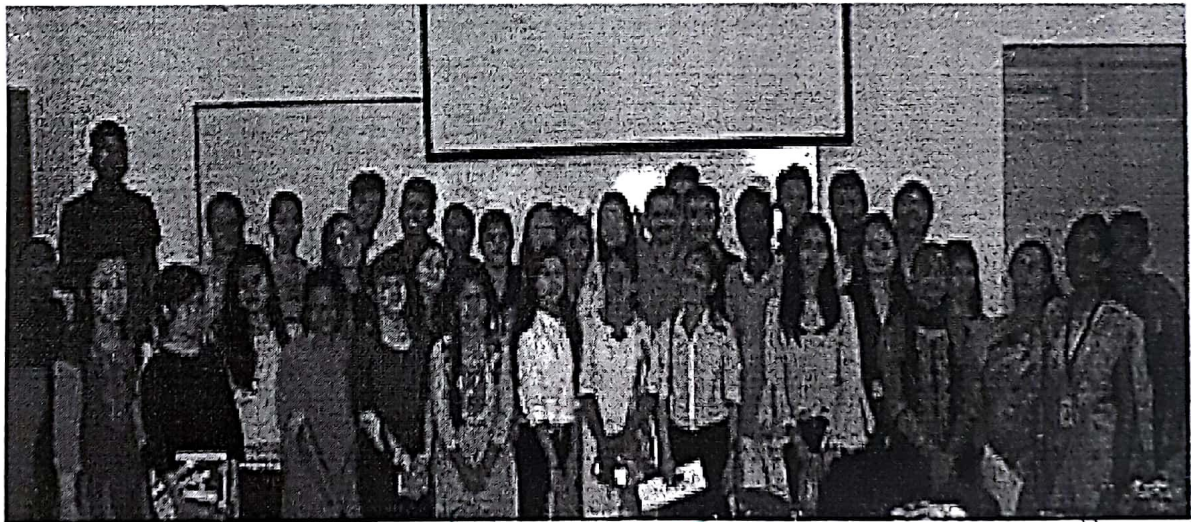
Feedback by Ms. Amani. K

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Feedback and vote of thanks by Mr. Prajesh. Mukerji, III Semester BA



Group Picture

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